

## FRONT - KANGAROO CARRY



1. Find the middle of your wrap and drape it around your shoulders to form a loop hanging in front of your chest and the loose ends hanging down your back.



2. Put your baby up onto your shoulder in the "burp position", slide your other hand up under the loop of fabric and guide her legs through the sling.



3. Tuck the bottom hem of the Wrap right under her bum up to each knee crease. Pull the top (embroidered) edge up over her shoulders. Slide baby down into the middle of your chest, still holding her quite high.



4. To ensure that the baby is held really snug against you, find the top *embroidered* hem and twist it **UNDERNEATH** the bottom hem where they pass over your shoulder (the bottom hem should now be closest to your neck and the top hem should now be on the top of your arm).

As you tighten the Wrap, the bottom hem will pull the top hem down forming a nice snug "shoulder cap"



6. Reach around behind you with one hand and grab the opposite length of fabric. Pull it across your back so it feels snug on your shoulder and bring it around to the front of you.



7. Grip this first length of fabric between your knees and repeat the process with the other length. Pull the fabric forwards and sideways until you feel the fabric grip your shoulder snugly and baby is pressed close against your chest.



8. You should now be holding both straps firmly in the front of your body. Check that baby is straddling you with the fabric stretched from knee-to-knee and that her bum hangs lower than her knees. Tighten, if necessary by pulling the two lengths forward.



9. Pass the fabric over baby's legs and tie a knot under her bum. If the Wrap is long enough, pass it over and then under the opposite leg and tie it off behind your back.

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