

FRONT – WRAP CROSS CARRY

These instructions show how to tie the Wrap Cross Carry whilst holding the baby. Alternatively, loosely tie the sling around you up to photo 4 and then slide baby into the central pouch part before tying the “cross”.



1. Find the centre of the Wrap and hold it in front of you.
If you are holding the baby, tuck the bottom hem well under her bum.



2. Pass one length of fabric around your ribcage, up your back and over the opposite shoulder so it hangs down in front of you.



3. Grip this piece between your knees and swap arms.



4. Pass the other length of fabric around your ribcage in the opposite direction and drape it over the other shoulder. Keep the fabric untwisted and flat against your back for comfort.



5. Tighten the Wrap by pulling both lengths upwards and forwards.
(Make smaller adjustments by pulling on the top (embroidered) hem to tighten the fabric around baby’s upper back and pull on the bottom hem to tighten the fabric under baby’s knees).



6. Position the baby correctly – ie: straddling your waist with her knees bent. Pass one length of fabric over then under the opposite leg and repeat with the other length of fabric to make a “Cross” shape between her legs.



7. Pull the two lengths sharply out to the side as you do a little jump to get baby high and tight against you. Tie the straps behind you in a double knot.



8. Spread the fabric of the two crosses wide across baby’s bum to help her stay in the “supported squat” position ie: knees spread wide, sitting deep into the “cross” not dangling from her crotch. Make sure the central panel is pulled up to her armpits.



9. For a more snugly hold, tuck her arms in, pull the central panel up to her shoulders and spread the cross fabric wide across her back.