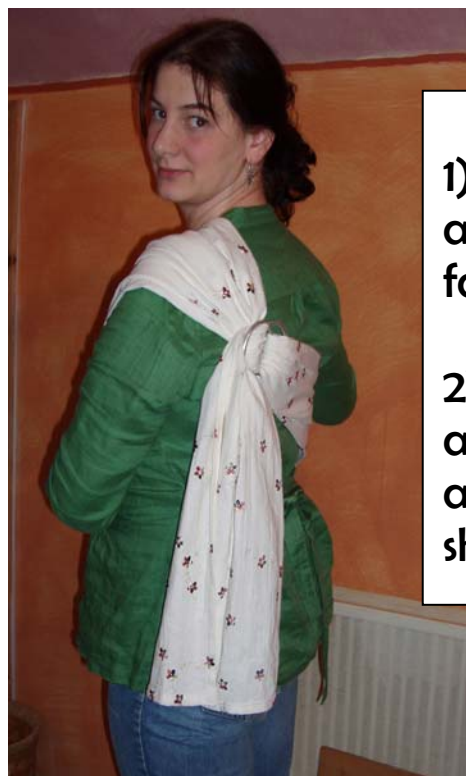


TODDLER BACK CARRY (6m – 2 yrs approx)



1) Put your sling on and make the pouch fairly tight.

2) Slide the fabric around until the rings are past your shoulder blade.



3) Put the baby in the sling according to the instructions for the HIP CARRY.

4) Pull the fabric right over the baby's shoulders and tuck it well under the baby's bottom.



5) Move your arm in front of the baby and lean forward.

6) Jiggle and bounce the baby and the sling around to the middle of your back.



7) The rings will now have come back over your shoulder and should be in the correct position.

8) Continue to lean forward while you make any necessary adjustments. Be sure to tighten the top hem BEFORE you straighten up (otherwise the baby could flip out backwards!).



TIPS:

-This is an advanced hold. Until you are experienced, do this over a bed or with another adult helper.

-The baby should be tightly fastened to your back. If you move from side to side, the sling and the baby should not swing loosely. If they do, lean forward, to take the baby's weight off the sling onto your back, and tighten it further.

-Make sure the baby is sitting deep into the pouch. If necessary, lift the baby's knees and tighten the lower hem to keep them slightly raised. Baby's bum must hang lower than his/her knees.

-Make sure that the top hem goes at least as far as the baby's armpits – not just their waist – and that they are not leaning back away from you.